

GENEVA HEALTH FORUM 2010

REBUILDING POST-CONFLICT HEALTH SYSTEMS: CHALLENGES AND OPPORTUNITIES

Ensuring provision of
appropriate physical rehabilitation services
from emergency to long-term

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PHYSICAL REHABILITATION



THE CHALLENGES



CHALLENGES:

Situations of crisis, conflict or violence have a direct effect:

- ▶ on the general health of the population
 - » the number of injuries increases, impossibility to run vaccination campaigns, etc.
- ▶ on the health/social system
 - » which may collapse due to lack of personnel, infrastructure, funds, etc.
- ▶ on the link between needs and services
 - » access to services become more difficult (security, lack of services, etc)
- ▶ on the economic situation (country and population)



THE MAIN CHALLENGE...

ADDRESSING LONG TERM NEEDS



Pre-crisis

Acute Crisis

Chronic crisis

Post Crisis

Development



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TWO MECHANISMS

As part of its mandate, the ICRC supports the physical rehabilitation of the victims of conflict and violence through its Physical Rehabilitation Programme (PRP)

and created the ICRC Special Fund for the Disabled (SFD) to ensure continuity of services in formerly assisted centres and others

- » created in 1983
- » independent foundation since 2001
- » independent budget



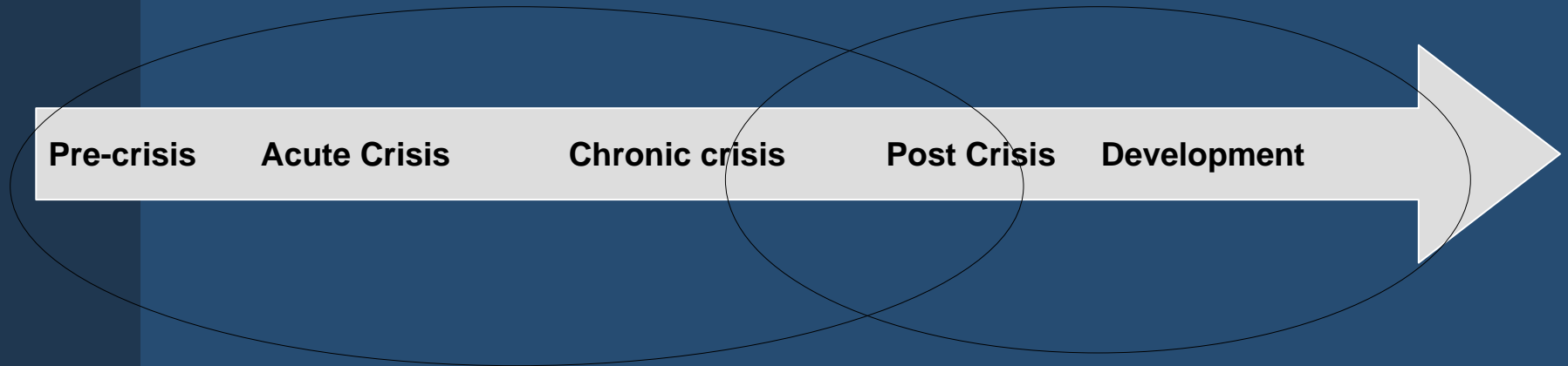
ICRC Special Fund for the Disabled



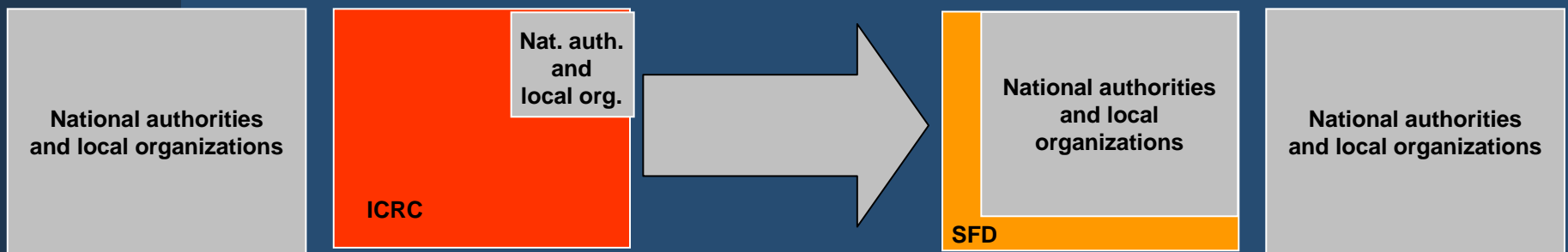
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PHYSICAL REHABILITATION CONTINUUM

Different phases



Different responsibilities



MAIN OBJECTIVES



accessibility to services



long term functioning of
rehabilitation centres



ACCESSIBILITY TO SERVICES

- ▶ **Accessibility to services implies:**
 - ▶ that the services exist,
 - ▶ that the person knows about the existence of the services,
 - ▶ that the person can physically go to the centre,
 - ▶ that the person can afford the cost of services



QUALITY OF SERVICES

▶ Quality of services implies:

- ▶▶ Services are provided by trained-professionals
- ▶▶ Services should apply a multidisciplinary approach
- ▶▶ Provision of assistive devices go along physiotherapy
- ▶▶ Provision of services go along with follow-up
- ▶▶ Utilization of appropriate technology
 - > National technology
 - > ICRC polypropylene prosthetic technology



LONG-TERM FUNCTIONING OF SERVICES

▶ Long-term functioning of services implies:

- ▶ Services are imbedded into a national health/social care system
- ▶ Services are financially, technically and managerially sustainable
 - > Convention on the Rights of Persons with Disabilities CRPD
 - > Weapon Conventions

Sustainability is the ability of programmes to **continue over time** to meet the demands of users, providing appropriate technology, **of acceptable quality, at affordable cost, in an accessible manner**, enabling PWD to assert their **rights**, while contributing to the strength of the local health system, with **minimal external input**



TWO-PRONGED APPROACH



▶ People-oriented

- ▶ Promote access
- ▶ Information
- ▶ Identification, referral and follow-up
- ▶ Reimbursement of services
- ▶ Transport, accommodation and food

▶ Structure-oriented

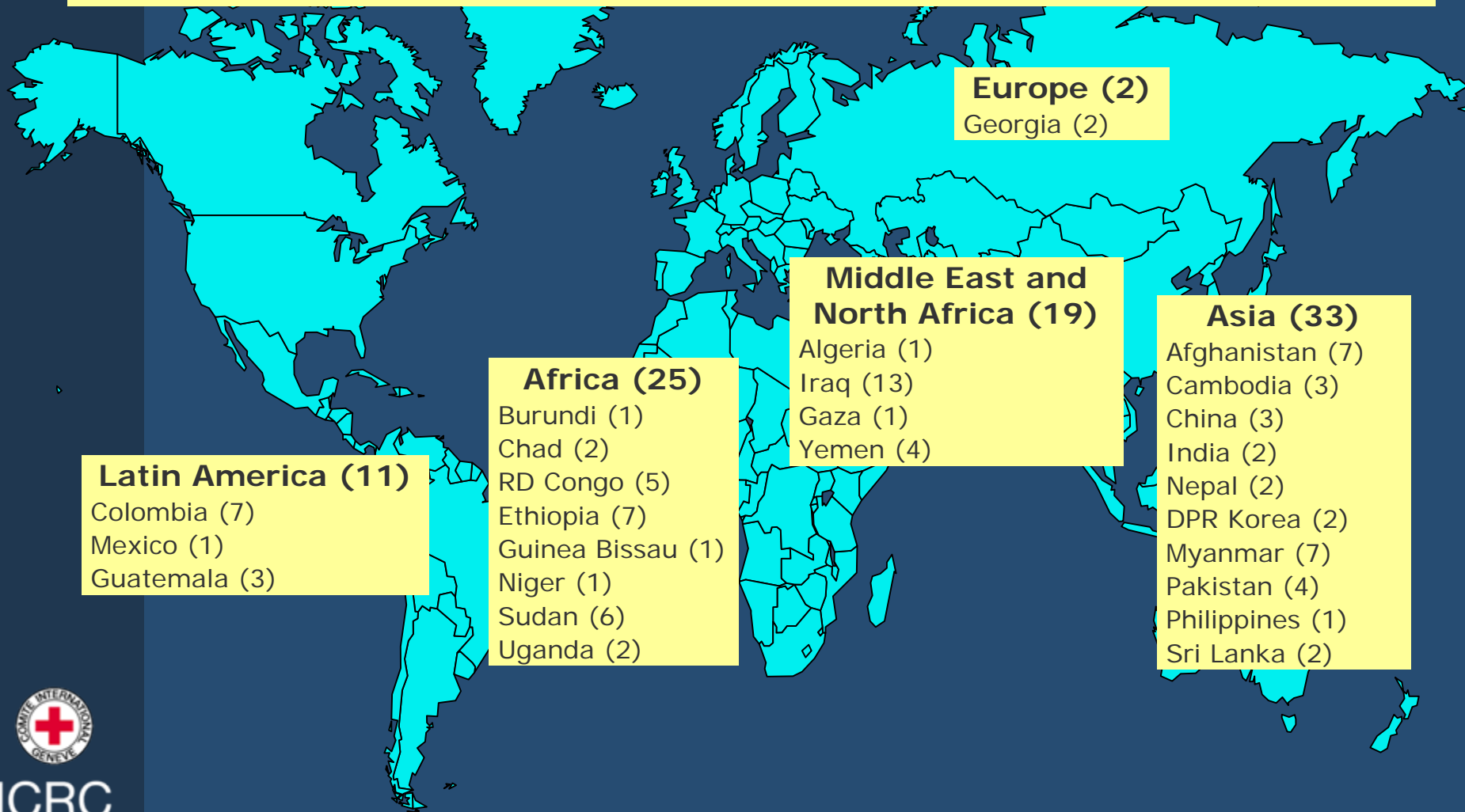
- ▶ Financial / material support
- ▶ Technical / managerial support and training
- ▶ Supporting national bodies
- ▶ Capacity building



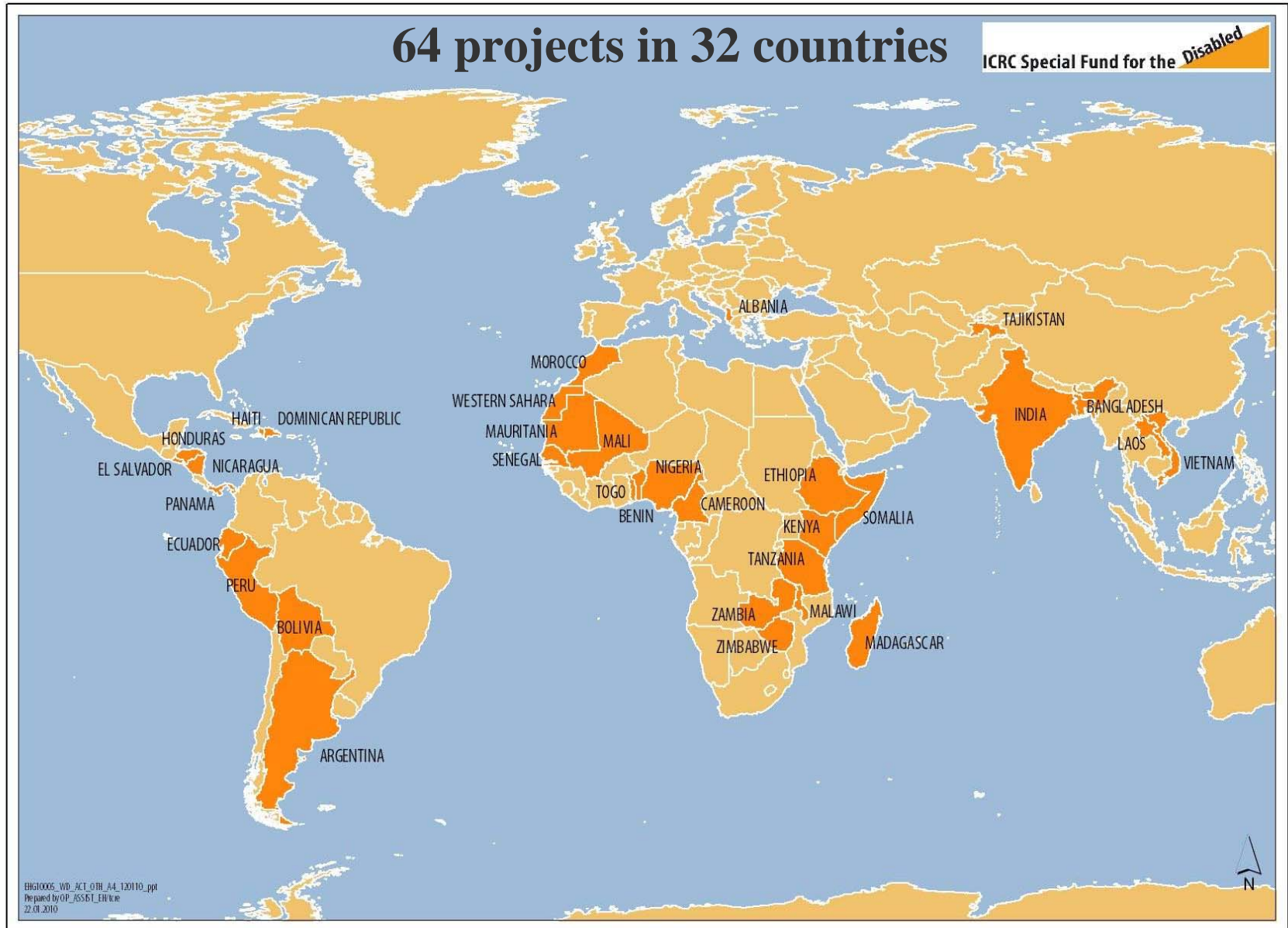
ICRC Physical Rehabilitation Programme

Geographical distribution of assisted-projects

2010 : 25 countries and 1 territory / 90 projects.



COUNTRIES WITH SFD PROJECTS 2010



2010 BENEFICIARIES (ICRC AND SFD)

- ▶ **Restored mobility** for close to 200,000 assisted persons with disabilities
 - ▶ physiotherapy, prostheses, orthoses, wheelchairs, crutches, etc
- ▶ **Enforced national capacities** in 145 centres in 45 countries
 - ▶ scholarships, in-house courses, seminars, technical support



SUM-UP

REBUILDING POST-CONFLICT HEALTH SYSTEMS: CHALLENGES AND OPPORTUNITIES

("from quick fix to sustainable solutions")

CHALLENGES

address long term needs

technical & organizational
sustainability

financial sustainability

OPPORTUNITIES

2 mechanisms:
PRP & SFD

development of training
modules to national &
international standards

Innovative, low-cost
quality technology

**INCREASED
NATIONAL
CAPACITY
AND
OWNERSHIP**



CONCLUSION

- ▶ Even when ICRC has withdrawn from a centre, the SFD can provide follow-up, bridging the gap until authorities can take full responsibility
- ▶ This long term commitment is much appreciated
 - ▶▶ users
 - ▶▶ local partners
 - ▶▶ donors
- ▶ Sustaining physical rehabilitation services on the long term is a challenge
- ▶ Success depends on the determination and long-term involvement, not only of the local organization, but also of supporting organizations and donors



THANK YOU



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